

Health and Safety of Lesbian, Gay, Bisexual Youth (LGB) in San Luis Obispo County

<i>Data are drawn from responses from students in 7th, 9th, and 11th grades taking the California Health Kids Survey (CHKS)</i>	2013 SLO		2015 SLO		2017SLO		2019 SLO		2021 SLO	
	LGB	Non-LGB	LGB	Non-LGB	LGB	Non-LGB	LGB	Non-LGB	LGB	Non-LGB
	285 4.5%	6079 95.5%	403 6.1%	6161 93.9%	586 6.3%	8733 93.7%	546 7.0%	7218 93.0%	655 8.2%	7286 91.8%
Attendance										
How many times did you skip school or cut class in the past 12 months? (more than once a week)	11.2%	3.0%	5.0%	2.8%	9.8%	3.1%	4.6%	2.7%	5.6%	2.8%
Missed school because you felt very, sad, hopeless, anxious, stressed, angry? (past 30 days)	34.7%	11.0%	37.5%	10.8%	37.7%	10.2%	28.6%	8.1%	22.3%	7.5%
Missed school because you didn't feel safe at school? (past 30 days)	7.7%	1.3%	8.2%	1.2%	11.8%	1.6%	5.5%	1.7%	3.2%	1.1%
Safety										
How safe do you feel when you are at school? (unsafe or very unsafe)	14.7%	5.0%	11.7%	4.7%	18.3%	6.2%	19.0%	9.3%	14.0%	7.6%
Have you been in a physical fight? (past 12 months)	23.5%	10.4%	13.0%	9.3%	20.3%	11.0%	18.4%	11.5%	14.1%	11.1%
Have you carried a gun at school? (past 12 months)	6.0%	1.8%	2.3%	1.0%	7.7%	1.6%	4.8%	1.4%	2.8%	1.3%
Did you ever seriously consider attempting suicide? (past 12 months)	42.8%	10.8%	49.2%	14.4%	51.0%	14.9%	50.5%	15.8%	48.9%	14.6%
Did you ever feel so sad or hopeless almost everyday for two weeks or more that you stopped doing some usual activities? (past 12 months)					66.5%	25.4%	69.8%	28.8%	70.2%	33.3%
Bullying and harassment										
In the past 12 months on school property have you...										
• Been pushed, shoved, slapped, hit, kicked by someone 1 or more times	31.7%	22.1%	31.3%	20.1%	37.0%	22.4%	32.9%	21.6%	26.0%	19.8%
• Been afraid of being beaten up?	25.7%	12.9%	25.1%	11.9%	30.4%	13.1%	31.0%	13.1%	25.8%	13.9%
• Had rumors/lies spread about you?	57.6%	38.0%	54.6%	37.0%	58.1%	38.2%	58.1%	37.6%	50.4%	33.6%
• Had sexual jokes, comments, or gestures made to you?	60.6%	36.3%	55.3%	32.2%	58.3%	32.5%	59.9%	30.7%	54.5%	27.1%
• Been made fun of because of your looks or way you talked?	51.9%	32.2%	54.4%	30.1%	56.1%	31.0%	54.4%	31.5%	46.7%	28.5%
• Been threatened with harm or injury?	26.4%	10.4%	20.7%	7.7%	26.6%	8.6%	23.6%	8.8%	17.8%	8.5%

• Been made fun of, insulted, or called names?	57.3%	39.8%	59.0%	36.1%	61.1%	36.6%	57.0%	33.8%	49.4%	30.3%
• Were harassed or bullied for your race, ethnicity, or national origin?	19.9%	13.2%	17.0%	11.2%	24.5%	12.6%	21.0%	12.8%	14.6%	11.5%
• Were harassed or bullied for your religion?	17.4%	8.7%	12.0%	7.5%	19.0%	8.0%	12.5%	7.5%	10.7%	6.1%
• Were harassed or bullied for your gender?	22.1%	6.8%	24.7%	6.8%	30.1%	7.6%	27.0%	6.6%	19.2%	5.3%
• Were harassed or bullied because you are gay or lesbian or somebody thought you were?	47.1%	6.2%	48.4%	4.6%	52.0%	5.2%	49.8%	6.3%	43.1%	5.1%
• Were harassed or bullied because physical or mental disability?	14.6%	4.3%	14.7%	3.4%	21.2%	3.9%	17.6%	4.5%	13.7%	4.6%
• Were harassed or bullied for any other reason?	35.8%	20.8%	36.6%	17.8%	39.4%	18.2%	43.2%	19.9%	32.3%	17.0%

	2013 SLO		2015 SLO		2017 SLO		2019 SLO		2021 SLO	
	LGB	Non LGB	LGB	Non-LGB	LGB	Non-LGB	LGB	Non-LGB	LGB	Non-LGB
Protective Factors % responding “disagree” or “strongly disagree”										
I feel close to people in this school.	18.4%	10.7%	20.1%	12.2%	24.3%	12.6%	23.3%	13.2%	23.0%	12.9%
I am happy to be at this school.	28.9%	12.4%	23.1%	12.4%	28.5%	14.3%	28.7%	16.4%	26.6%	16.5%
I feel like I am part of this school.	26.9%	14.3%	26.5%	14.1%	27.4%	15.0%	32.3%	17.4%	30.3%	17.9%
Teachers at this school treat students fairly.	20.7%	13.9%	17.2%	13.4%	20.1%	14.5%	20.1%	15.6%	16.1%	15.2%
I feel safe at my school.	16.1%	7.7%	13.5%	8.0%	15.6%	9.1%	22.3%	13.2%	20.0%	11.9%
I do interesting activities at my school.	23.5%	13.8%	21.6%	15.2%	24.6%	16.3%	23.5%	19.4%	23.0%	19.3%
I do things that make a difference at school.	39.7%	26.0%	34.2%	24.7%	34.8%	25.4%	40.3%	30.6%	43.1%	35.2%
Caring relationship % responding “not at all true” to: At my school there is a teacher or some other adult										
...who really cares about me.	16.3%	9.6%	11.4%	8.4%	14.9%	9.3%	14.0%	10.2%	13.2%	9.7%
...who tells me when I do a good job.	16.6%	6.6%	8.4%	5.7%	13.6%	6.9%	12.7%	7.5%	11.7%	7.7%
...who notices when I am not there.	21.3%	11.9%	17.5%	10.4%	20.9%	11.7%	18.7%	12.3%	19.8%	13.2%
...who always wants me to do my best.	11.3%	4.3%	4.0%	3.8%	8.4%	4.6%	7.7%	4.8%	7.6%	4.8%
...who listens when I have something to say.	17.0%	8.1%	11.9%	7.5%	14.2%	8.3%	13.2%	9.4%	12.1%	9.1%
...who believes that I will be a success.	17.1%	7.9%	10.0%	6.2%	12.3%	7.1%	13.7%	8.5%	11.8%	8.1%

	2013 SLO		2015 SLO		2017 SLO		2019 SLO		2021 SLO	
	LGB	Non-LGB	LGB	Non-LGB	LGB	Non-LGB	LGB	Non-LGB	LGB	Non-LGB
Lifetime Substance Use										
Cigarettes	40.6%	14.3%	24.3%	10.1%	29.6%	9.9%	18.0%	7.6%	13.7%	5.7%
Tobacco	13.5%	7.4%	8.2%	5.5%	16.5%	6.1%	7.2%	6.0%	5.9%	5.0%
Alcohol	62.5%	36.2%	47.0%	30.1%	49.8%	28.7%	42.9%	27.0%	39.3%	26.3%
Marijuana	50.9%	25.1%	41.6%	21.3%	45.0%	20.4%	36.2%	21.2%	33.7%	19.4%
Inhalants	19.2%	5.7%	11.0%	4.5%	20.8%	4.7%	11.9%	4.1%	9.5%	4.8%
Cocaine/Methamphetamine	15.0%	5.2%	13.2%	3.6%	18.5%	5.7%	14.0%	5.6%	7.4%	4.1%
Ecstasy	19.3%	7.9%	14.1%	6.4%	21.1%	7.6%	15.2%	7.3%	9.2%	7.1%
Prescription Painkillers	37.5%	20.2%	24.9%	12.4%	31.0%	13.6%	23.7%	11.6%	12.4%	7.4%
Diet Pills	16.9%	5.9%	12.4%	5.0%	18.6%	6.0%	12.5%	5.3%	7.2%	3.7%
Ritalin or Adderall	15.5%	8.0%	14.7%	6.5%	21.4%	7.9%	15.6%	7.0%	10.8%	5.5%
Cold Medicine	44.0%	37.4%	36.8%	28.7%	41.4%	29.4%	20.6%	10.4%	14.1%	10.1%
Other Drug	28.4%	9.6%	15.4%	5.0%	23.1%	8.1%	14.5%	4.9%	9.4%	4.4%
Past 30 Day Substance Use										
Cigarettes	23.2%	6.6%	10.4%	4.7%	17.0%	4.8%	10.8%	3.8%	7.8%	2.4%
Tobacco	6.1%	2.8%	1.8%	2.0%	10.7%	2.5%	5.0%	2.8%	3.4%	2.3%
Alcohol (One Drink)	37.3%	20.3%	26.2%	17.2%	32.4%	17.0%	24.4%	13.1%	20.5%	13.4%
Alcohol (Five or More Drinks)	26.0%	12.8%	15.4%	8.9%	22.6%	9.7%	15.9%	7.6%	12.3%	8.2%
Marijuana	31.0%	14.3%	23.6%	12.1%	29.9%	11.8%	23.0%	12.8%	21.4%	11.6%
Inhalant	7.3%	1.7%	4.2%	1.2%	12.8%	2.0%	7.5%	1.1%	4.8%	1.9%
Prescription Painkillers	12.0%	5.0%	10.0%	4.4%	17.2%	5.7%	11.6%	4.3%	5.3%	2.4%
Other Drugs	14.2%	3.0%	7.7%	2.2%	14.0%	3.2%	9.8%	3.0%	5.0%	2.2%
Two or More Drugs	16.8%	9.4%	13.2%	7.0%	20.3%	7.7%	16.6%	7.7%	10.4%	7.4%

SLO County Participant Demographics 2013, 2015, and 2017

N = 6623

M = 51.1%

F = 48.5%

7th grade = 2134 (32%)
 9th grade = 2153 (32.3%)
 11th grade = 1927 (28.9%)

White	3268	(54.2%)
Hispanic/Latino	2531	(38.8%)
Mixed	2198	(36.4%)
Am. Indian/Alaskan	177	(2.9%)
Asian	171	(2.8%)
Black or African American	145	(2.4%)
Hawaiian/Pacific Isl.	75	(1.2 %)

N = 6564

M = 51.0%

F = 49.0%

7th grade = 2031 (33.8%)
 9th grade = 2100 (35.0%)
 11th grade = 1874 (31.2%)

White	3317	(54.3%)
Hispanic/Latino	2433	(37.7%)
Mixed	2284	(34.8%)
Am. Indian/Alaskan	147	(2.4%)
Asian	183	(3.0%)
Black or African American	109	(1.8%)
Hawaiian/Pacific Isl.	65	(1.1 %)

N = 9,319

M = 51.7%

F = 48.3%

7th grade = 3642 (39.4%)
 9th grade = 3,811 (33.4%)
 11th grade = 1992 (21.6%)

White	4561	(52.6%)
Hispanic/Latino	2751	(38.7%)
Mixed	3348	(38.6%)
Am. Indian/Alaskan	242	(2.8%)
Asian	242	(2.8%)
Black or African American	186	(2.1%)
Hawaiian/Pacific Isl.	99	(1.1 %)

SLO Demographics 2019

SLO Demographics 2021

N = 8008

M = 51.7%

F = 48.3%

7th grade = 3116 (38.7%)
 9th grade = 2,436 (30.0%)
 11th grade = 2183 (27.0%)

White	3991	(52.6%)
Hispanic/Latino	3224	(40.2%)
Mixed	2995	(39.5%)
Am. Indian/Alaskan	195	(2.6%)
Asian	205	(2.7%)
Black or African American	140	(1.8%)
Hawaiian/Pacific Isl.	63	(0.8 %)

N= 7,941

M = 51.0%

F = 48.6%

*Non-binary = .3%

*Something Else = .1%

7th grade = 34.8%
 9th grade = 32.8%
 11th grade = 28.3%

Asian/	2.9%
American Indian	3.2%
Black	2.2%
White	52.8%
Multiracial	37.8%
Hispanic/Latino	40.9%
Hawaiian/Pacific Islander	01.1%

* These designations were derived from 1,100 surveys in the 2020-2021 administration.

Administration of the 2019-2021 CHKS took place during the height of the COVID-19 pandemic. The impact of this on survey responses has yet to be determined.

Methods: The data presented in this fact sheet were collected as part of the California Healthy Kids Survey in the 2013-2015, 2015-2017, 2017-2019 and 2019-2021 academic years at middle and high schools throughout California. The data were collected using a paper and pencil survey, or online survey, administered by school sites and reported to and compiled by WestEd. The data were analyzed running Chi-Square tests using SPSS statistical software.

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