

Health and Safety of Transgender Youth in San Luis Obispo County

Central Coast Coalition for Inclusive Schools

<i>Data are drawn from responses from students in 7th, 9th, and 11th grades taking the California Health Kids Survey (CHKS)</i>	2013 SLO		2015 SLO		2017 SLO		2019 SLO		2021 SLO	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
	77 1.2%	6287 98.8%	69 1.0%	6875 99.0%	150 1.6%	9169 98.4%	104 1.3%	7668 98.7%	101 1.3%	98.7%
Attendance										
How many times did you skip school or cut class in the past 12 months? (more than once a week)	18.2%	3.1%	4.4%	3.1%	23.0%	3.2%	16.3%	2.7%	23.7%	2.7%
Missed school because you felt very, sad, hopeless, anxious, stressed, angry? (past 30 days)	20.8%	11.9%	39.1%	11.8%	38.0%	11.5%	35.6%	9.2%	29.7%	8.4%
Missed school because you didn't feel safe at school? (past 30 days)	9.1%	1.5%	12.3%	1.5%	22.7%	1.9%	16.3%	1.8%	12.9%	1.1%
Safety										
How safe do you feel when you are at school? (unsafe or very unsafe)	26.0%	5.2%	20.0%	5.0%	37.6%	6.5%	43.5%	9.5%	30.2%	7.8%
Have you been in a physical fight? (past 12 months)	29.9%	10.8%	20.0%	9.4%	42.6%	11.1%	39.8%	11.5%	26.2%	11.1%
Have you carried a gun at school? (past 12 months)	19.5%	1.8%	7.8%	1.0%	30.1%	1.6%	23.7%	1.4%	15.3%	1.3%
Did you ever seriously consider attempting suicide? (past 12 months)	26.0%	12.0%	46.0%	16.6%	57.9%	16.9%	60.5%	17.9%	60.2%	16.9%
Did you ever feel so sad or hopeless almost everyday for two weeks or more that you stopped doing some usual activities? (past 12 months)					68.7%	27.4%	69.6%	31.1%	73.9%	36.0%
Bullying and harassment										
In the past 12 months on school property have you...										
• Been pushed, shoved, slapped, hit, kicked by someone 1 or more times	40.3%	22.3%	41.5%	20.6%	54.4%	22.9%	49.0%	22.1%	41.9%	21.1%
• Been afraid of being beaten up?	24.7%	13.4%	26.2%	12.5%	43.0%	13.8%	47.5%	14.0%	47.1%	14.6%
• Had rumors/lies spread about you?	42.9%	38.9%	44.6%	38.0%	61.7%	39.1%	60.4%	38.7%	50.4%	34.9%
• Had sexual jokes, comments, or gestures made to you?	44.2%	37.4%	59.4%	33.4%	68.9%	33.6%	62.4%	32.2%	51.8%	29.1%

• Been made fun of because of your looks or way you talked?	44.2%	33.0%	61.5%	31.2%	65.1%	32.1%	62.4%	32.7%	61.2%	29.7%
• Been threatened with harm or injury?	31.2%	10.8%	24.6%	8.3%	47.3%	9.1%	40.6%	9.5%	35.3%	9.0%
• Been made fun of, insulted, or called names?	47.4%	40.5%	57.8%	37.3%	67.1%	37.7%	63.3%	35.1%	63.5%	31.5%
• Were harassed or bullied for your race, ethnicity, or national origin?	34.2%	13.2%	14.1%	11.5%	38.9%	13.0%	38.3%	13.0%	27.4%	11.5%
• Were harassed or bullied for your religion?	18.7%	9.0%	10.9%	7.7%	38.3%	8.2%	37.6%	7.5%	27.4%	6.2%
• Were harassed or bullied for your gender?	31.6%	7.2%	30.2%	7.7%	50.7%	8.4%	64.7%	7.2%	62.7%	5.9%
• Were harassed or bullied because you are gay or lesbian or somebody thought you were?	34.7%	7.7%	40.6%	7.0%	58.8%	7.5%	66.6%	8.6%	60.7%	7.6%
• Were harassed or bullied because physical or mental disability?	14.9%	4.6%	16.9%	4.0%	41.3%	4.5%	42.5%	4.9%	32.1%	4.9%
• Were harassed or bullied for any other reason?	33.3%	21.4%	44.6%	18.7%	53.5%	19.1%	58.3%	21.0%	46.3%	18.0%

	2013 SLO		2015 SLO		2017 SLO		2019 SLO		2021 SLO	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
Protective Factors % responding “disagree” or “strongly disagree”										
I feel close to people in this school.	16.0%	10.9%	24.6%	12.6%	40.0%	12.9%	31.7%	13.7%	40.2%	13.5%
I am happy to be at this school.	32.5%	12.9%	35.4%	12.4%	48.0%	14.6%	46.1%	16.9%	42.9%	17.1%
I feel like I am part of this school.	28.6%	14.7%	36.9%	14.6%	39.8%	15.4%	45.6%	18.2%	42.9%	18.6%
Teachers at this school treat students fairly.	24.7%	14.1%	24.6%	13.6%	33.3%	14.6%	36.9%	14.7%	29.7%	15.1%
I feel safe at my school.	23.4%	7.9%	25.0%	8.2%	31.8%	9.1%	40.7%	13.5%	37.7%	12.2%
I do interesting activities at my school.	24.0%	14.2%	21.9%	15.5%	36.1%	16.5%	32.0%	19.5%	26.7%	19.5%
I do things that make a difference at school.	34.7%	26.5%	39.7%	25.2%	42.7%	25.7%	48.1%	31.1%	42.7%	35.8%
Caring relationship % responding “not at all true” to: At my school there is a teacher or some other adult										
...who really cares about me.	21.1%	9.7%	18.5%	8.5%	31.9%	9.3%	27.2%	10.2%	25.8%	9.8%
...who tells me when I do a good job.	18.4%	6.9%	13.8%	5.8%	29.7%	7.0%	26.0%	7.6%	27.2%	7.8%
...who notices when I am not there.	25.0%	12.1%	23.8%	10.8%	31.0%	12.0%	26.2%	12.6%	30.4%	13.5%
...who always wants me to do my best.	17.3%	4.4%	4.6%	3.8%	23.0%	4.6%	20.2%	4.8%	18.3%	4.9%
...who listens when I have something to say.	24.7%	8.3%	15.4%	7.7%	25.7%	8.5%	22.1%	9.5%	21.3%	9.2%
...who believes that I will be a success.	27.3%	8.0%	15.4%	6.4%	25.9%	7.1%	26.2%	8.6%	23.4%	8.3%

	2013 SLO		2015 SLO		2017 SLO		2019 SLO		2021 SLO	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
Lifetime Substance Use										
Cigarettes	27.3%	15.4%	21.5%	10.9%	43.9%	10.6%	31.3%	8.1%	28.0%	6.1%
Tobacco	13.2%	7.6%	9.2%	5.6%	41.2%	6.2%	24.8%	5.8%	22.6%	4.9%
Alcohol	51.9%	37.2%	46.2%	31.0%	61.1%	29.5%	47.5%	27.8%	43.0%	27.2%
Marijuana	38.2%	26.1%	40.0%	22.3%	57.1%	21.4%	40.6%	21.9%	47.3%	21.3%
Inhalants	18.2%	6.2%	10.0%	4.9%	43.2%	5.1%	32.4%	4.4%	21.7%	5.0%
Cocaine/Methamphetamine	9.1%	5.8%	15.4%	4.1%	40.6%	6.1%	32.5%	5.9%	17.1%	4.2%
Ecstasy	16.3%	8.5%	12.2%	6.9%	41.0%	8.0%	33.9%	7.4%	24.6%	7.1%
Prescription Painkillers	20.5%	21.2%	26.0%	13.2%	49.1%	14.3%	37.9%	11.9%	24.3%	7.7%
Diet Pills	16.3%	6.4%	4.1%	5.6%	33.7%	6.5%	35.6%	5.5%	15.7%	3.9%
Ritalin or Adderall	11.4%	8.4%	10.2%	7.0%	38.8%	8.3%	35.2%	7.4%	27.5%	5.7%
Cold Medicine	40.9%	37.7%	30.0%	29.3%	55.7%	29.8%	43.3%	10.6%	27.1%	10.2%
Other Drug	13.6%	10.7%	18.5%	5.5%	40.5%	8.6%	29.2%	5.3%	25.8%	4.5%
Past 30 Day Substance Use										
Cigarettes	13.0%	7.3%	9.4%	5.0%	34.9%	5.1%	26.8%	4.0%	21.7%	2.7%
Tobacco	9.4%	2.9%	4.6%	2.0%	32.9%	2.6%	24.6%	2.7%	18.5%	2.2%
Alcohol (One Drink)	25.9%	21.1%	26.6%	17.7%	47.9%	17.5%	36.3%	13.6%	31.1%	13.8%
Alcohol (Five or More Drinks)	21.8%	13.4%	15.6%	9.2%	36.0%	10.2%	31.8%	8.0%	22.0%	8.4%
Marijuana	21.8%	15.0%	26.2%	12.7%	44.2%	12.5%	33.8%	13.2%	36.7%	12.1%
Inhalant	5.5%	1.9%	6.2%	1.3%	34.9%	2.1%	27.4%	2.1%	16.3%	2.0%
Prescription Painkillers	9.1%	5.4%	12.0%	4.7%	37.4%	6.0%	34.6%	4.4%	19.1%	2.5%
Other Drugs	7.3%	3.4%	9.4%	2.5%	32.1%	3.5%	26.4%	3.0%	19.5%	2.3%
Two or More Drugs	11.4%	9.8%	16.0%	7.3%	40.2%	8.0%	38.4%	7.9%	19.8%	7.6%

SLO County Participant Demographics 2013, 2015, and 2017

N = 6623
M = 51.1%
F = 48.5%

7th grade = 2134 (32%)
9th grade = 2153 (32.3%)
11th grade = 1927 (28.9%)

White	3268	(54.2%)
Hispanic/Latino	2531	(38.8%)
Mixed	2198	(36.4%)
Am. Indian/Alaskan	177	(2.9%)
Asian	171	(2.8%)
Black or African American	145	(2.4%)
Hawaiian/Pacific Isl.	75	(1.2 %)

N = 6564
M = 51.0%
F = 49.0%

7th grade = 2031 (33.8%)
9th grade = 2100 (35.0%)
11th grade = 1874 (31.2%)

White	3317	(54.3%)
Hispanic/Latino	2433	(37.7%)
Mixed	2284	(34.8%)
Am. Indian/Alaskan	147	(2.4%)
Asian	183	(3.0%)
Black or African American	109	(1.8%)
Hawaiian/Pacific Isl.	65	(1.1 %)

N = 9,319
M = 51.7%
F = 48.3%

7th grade = 3642 (39.4%)
9th grade = 3,811 (33.4%)
11th grade = 1992 (21.6%)

White	4561	(52.6%)
Hispanic/Latino	2751	(38.7%)
Mixed	3348	(38.6%)
Am. Indian/Alaskan	242	(2.8%)
Asian	242	(2.8%)
Black or African American	186	(2.1%)
Hawaiian/Pacific Isl.	99	(1.1 %)

SLO Demographics 2019

N = 8008
M = 51.7%
F = 48.3%

7th grade = 3116 (38.7%)
9th grade = 2,436 (30.0%)
11th grade = 2183 (27.0%)

White	3991	(52.6%)
Hispanic/Latino	3224	(40.2%)
Mixed	2995	(39.5%)
Am. Indian/Alaskan	195	(2.6%)
Asian	205	(2.7%)
Black or African American	140	(1.8%)
Hawaiian/Pacific Isl.	63	(0.8 %)

SLO Demographics 2021

N= 7,941
M = 51.0%
F = 48.6%
*Non-binary = .3%
*Something else = .1%

7th grade = 34.8%
9th grade = 32.8%
11th grade = 28.3%

Asian/	2.9%
American Indian	3.2%
Black	2.2%
White	52.8%
Multiracial	37.8%
Hispanic/Latino	40.9%
Hawaiian/Pacific Islander	01.1%

* These designations were derived from 1,100 surveys in the 2020-2021 administration.

Administration of the 2019-2021 CHKS took place during the height of the COVID-19 pandemic. The impact of this on survey responses has yet to be determined.

Methods: The data presented in this fact sheet were collected as part of the California Healthy Kids Survey in the 2013-2015, 2015-2017, 2017-2019, 2019-2021 academic years at middle and high schools throughout California. The data were collected using a paper and pencil survey, or online survey, administered by school sites and reported to and compiled by WestEd. The data were analyzed running Chi-Square tests using SPSS statistical software.

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